

5/21/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email ([firstname.lastname@fsd145.org](mailto:firstname.lastname@fsd145.org)).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

[May 21](#)

[May 26](#)

[June 1](#)

[Social Emotional Learning \(SEL\)](#)

[May 22](#)

[May 27](#)

[Electives](#)

[May 28](#)


[May 29](#)

1st Grade			5/21/20 - 6/1/20
Theme(s)	ELA Skills Focus	Math Skills Focus	Other Skills Focus
Summer, Sports, & Vacations	Summarizing & Sight Words	Math Fact Fluency & Missing Number Equations	Science & Social Studies

# Remote Learning Activities for Students

1st Grade -- May 21

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge																				
<b>Activity 1 and Instructions</b>	<p style="text-align: center;"><b><u>Math Facts</u></b></p> <p style="text-align: center;">Answer the following equations Look closely!</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">1+3 =</td> <td style="width: 50%;">4+0=</td> </tr> <tr> <td>10-2=</td> <td>5+2 =</td> </tr> <tr> <td>3+3=</td> <td>11-4=</td> </tr> <tr> <td>7-1=</td> <td>12+6=</td> </tr> <tr> <td>4+5=</td> <td>5-13=</td> </tr> <tr> <td>6+4=</td> <td>4+14=</td> </tr> <tr> <td>5+5=</td> <td>15-2=</td> </tr> <tr> <td>1+9=</td> <td>3+16</td> </tr> <tr> <td>4+3=</td> <td>17+2=</td> </tr> <tr> <td>18-6=</td> <td>13+3=</td> </tr> </table>	1+3 =	4+0=	10-2=	5+2 =	3+3=	11-4=	7-1=	12+6=	4+5=	5-13=	6+4=	4+14=	5+5=	15-2=	1+9=	3+16	4+3=	17+2=	18-6=	13+3=	<p style="text-align: center;"><b>Retelling</b></p> <p>RL.1.2 Retell stories, including key details, and demonstrate understanding of their central message or lesson.</p> <p>RI.1.2 Identify the main topic and retell key details of a text</p>	<p style="text-align: center;"><b>Construct a family tree.</b></p> <p>Make this one wide-open and out of the box. Challenge your kids to create any kind of tree they want and include anyone who they consider to be family.</p>	<p><b>Tornado in a bottle!</b></p> <p><b>Materials:</b></p> <ul style="list-style-type: none"> <li>- Empty glass bottle with lid</li> <li>- 3-4 T. of glitter</li> <li>- Funnel</li> <li>- Water</li> </ul> <p><b>Instructions:</b></p> <ol style="list-style-type: none"> <li>1. Use the funnel to put 3-4 tablespoons of glitter in an empty glass jar</li> <li>2. Next, fill the jar about 3/4 full of water.</li> <li>3. Put the lid back on the jar and make sure it is really tight.</li> <li>4. Turn the bottle upside down and quickly move the bottle in a circular motion for 10-15 seconds.</li> <li>5. Finally, set the bottle down on the table and observe the tornado that has formed.</li> </ol>
1+3 =	4+0=																							
10-2=	5+2 =																							
3+3=	11-4=																							
7-1=	12+6=																							
4+5=	5-13=																							
6+4=	4+14=																							
5+5=	15-2=																							
1+9=	3+16																							
4+3=	17+2=																							
18-6=	13+3=																							
<b>Activity 2 and Instructions</b>	<p style="text-align: center;"><b><u>Handful of Coins</u></b></p> <p>Take a handful of coins and first separate the coins into groups (quarters, dimes, nickels, and pennies).</p> <p>Then count up the amount for each coin.</p> <p>Put them in order from greatest to least.</p>	<p style="text-align: center;"><b><u>Digraph Hunt</u></b></p> <p>Search your house for (books, magazines, cereal boxes, fruit snack boxes, etc) or a book for words that contain digraphs: sh, th, ch, wh.</p> <p>Make a list of all the words you find.</p> <p>Take 5 of those words you found and make a sentence for each one.</p> <p>Next, read your sentences to someone</p>	<p><b>Science Skill: Identifies the seasons and changes that come with each season.</b></p> <p>Talk about the changes that they can see happening? - trees budding, grass turning green, etc.</p>	 <p><b>Detailed step by step video:</b>  <a href="https://www.youtube.com/watch?v=21b_mIGmJ5w">https://www.youtube.com/watch?v=21b_mIGmJ5w</a></p>																				

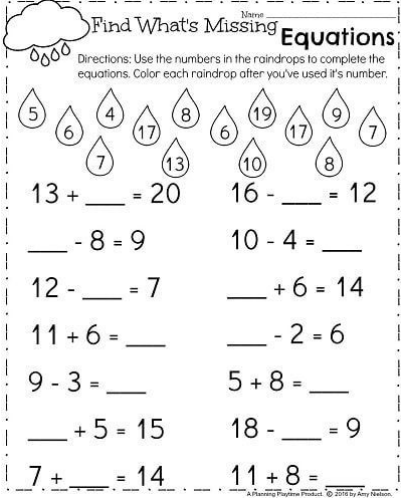
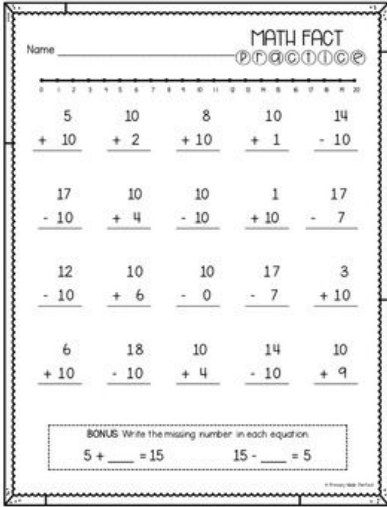

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- May 22

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
<p><b>Activity 1 and Instructions</b></p>	<p><b>Missing addends 1.OA.8</b> Complete the following equations using the numbers in the raindrops. You can write the equations in your notebook if you do not have the paper copy in front of you.</p> 	<p><b>Summarizing RL.1.1/RL.1.2</b></p> <p>Read your favorite book to your parent(s). In your notebook complete the following:</p> <p>What happened in the...</p> <p>Beginning:</p> <p>Middle:</p> <p>End:</p> <p>Who are the characters?</p> <p>Where did the story take place?</p> <p>Why do you like this book?</p>	<p><b>Social Studies</b></p> <p>In your notebook create and label a map of one of the following:</p> <ol style="list-style-type: none"> <li>Your neighborhood</li> <li>Your house</li> <li>Your favorite place to go in the summer (ex. Kids Castle, Read's Park Pool, The Dells, The Fair).</li> </ol>	<p>Sight Word Practice: <a href="https://www.youtube.com/watch?v=9eQgXJm8FsM">https://www.youtube.com/watch?v=9eQgXJm8FsM</a></p> <p>Blend and Digraph Practice: <a href="https://www.youtube.com/watch?v=0tYVuh6Y0HI">https://www.youtube.com/watch?v=0tYVuh6Y0HI</a></p> <p>Counting and exercising to 120: <a href="https://www.youtube.com/watch?v=f6NfQM1LIGc">https://www.youtube.com/watch?v=f6NfQM1LIGc</a></p>
<p><b>Activity 2 and Instructions</b></p>	<p><b>Addition and subtraction fluency 1.OA.6</b> Solve the following equations. You can write the equations in your notebook if you do not have the paper copy in front of you.</p> 	<p><b>Sight Words RF.1.3G</b></p>  <p><b>Puddle Jump:</b></p> <p>On a piece of paper write the following words. Lay the paper on the ground and jump on it. When you land on it, spell and say the word.</p> <p>**If you do not have paper, you can use sidewalk chalk and write the words and do the same activity (jump to the word, spell it and say it).</p> <p>about came been their have give sky much fun take know rain both what</p>	<p>10 more and 10 less: <a href="https://www.youtube.com/watch?v=zau4jtSA_kY">https://www.youtube.com/watch?v=zau4jtSA_kY</a></p> <p>Comparing and Contrasting numbers: <a href="https://www.youtube.com/watch?v=SIIR3UjG-zI">https://www.youtube.com/watch?v=SIIR3UjG-zI</a></p>	

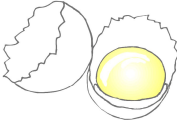
Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- May 26

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge												
<b>Activity 1 and Instructions</b>	<p style="text-align: center;"><b>Missing Numbers!</b></p> <p>Solve the following equations:</p> $5 + \underline{\quad} = 13$ $\underline{\quad} + 9 = 18$ $17 = \underline{\quad} + 6$ $20 = 12 + \underline{\quad}$ $11 + \underline{\quad} = 20$ $\underline{\quad} + 7 = 17$ $9 - \underline{\quad} = 6$ $12 - \underline{\quad} = 4$ $\underline{\quad} - 7 = 15$ $\underline{\quad} - 13 = 7$ $9 = 15 - \underline{\quad}$ $5 = \underline{\quad} - 7$ <p style="text-align: center;"><b>1.OA.8</b></p>	<p style="text-align: center;"><b>Best Vacation</b></p> <p>If you could go on vacation anywhere you wanted, where would you go? Using your senses, write a letter from your dream vacation spot. What would it look like? What would it sound like? What would you smell? What would it feel like? What would you eat there? Be sure to include a picture of your place with your letter!</p> <p style="text-align: center;"><b>W.1.3</b></p>	<p style="text-align: center;"><b>The Great Egg Drop</b></p>  <p>Using household materials, design and build a structure around an egg to protect it from a fall.</p> <p>Items could include cups, tooth picks, pipe cleaners, etc.</p> <p>Remember to have a 1 inch window somewhere so you can see your egg.</p> <p>For the "Egg Drop," have an adult help you drop your egg from various heights.</p> <p>Measure the height in feet.</p>	<p style="text-align: center;"><b>Free Choice</b></p> <p>-Go to previous "Learning Plans" and pick items that you did not do or want to make better!</p> <p>-Visit your Clever and select Reading &amp; Math Activities</p> <p>-Google these other ideas if needing more online components:</p> <p>*Scholastic "Learning at Home"</p> <p>*Read Alouds: <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> <p>*Math: <a href="https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1">https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1</a></p> <p>*Cosmic Kids Yoga</p> <p>*Virtual Field Trips</p> <p>*Artforkidshub</p>												
<b>Activity 2 and Instructions</b>	<p style="text-align: center;"><b>Create Fact Families</b></p> <p>Using the following sets of numbers, create a fact family. Example: 5,6,1 would make:</p> $5+1=6$ $1+5=6$ $6-1=5$ $6-5=1$ <p>Use the following sets of numbers</p> <p>9,5,4</p> <p>15,10,5</p> <p>8,15,7</p> <p>2,5,3</p> <p>18, 12,6</p> <p>Write a story problem using three of the equations you made. Draw a picture to show how you solved the problem.</p> <p style="text-align: center;"><b>1.OA.4</b></p>	<p style="text-align: center;"><b>Outside Writing</b></p> <p>Using a paintbrush or Q-tip with water or sidewalk chalk. Write the following words.</p> <table style="width: 100%; border: none;"> <tr> <td>were</td> <td>where</td> </tr> <tr> <td>should</td> <td>says</td> </tr> <tr> <td>each</td> <td>many</td> </tr> <tr> <td>another</td> <td>write</td> </tr> <tr> <td>because</td> <td>people</td> </tr> <tr> <td>friend</td> <td>called</td> </tr> </table> <p style="text-align: center;"><b>RF1.3</b></p>	were	where	should	says	each	many	another	write	because	people	friend	called		
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# Remote Learning Activities for Students

1st Grade -- May 27

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
<b>Activity 1 and Instructions</b>	<p><b>Fact Families!</b></p> <p>Ask your family members what their favorite number between 0-20 is and create the fact family for that number.</p> <p>Remember a fact family is:  <math>9+3=12</math>  <math>3+9=12</math>  <math>12-3=9</math>  <math>12-9=3</math></p> <p>(1.OA.4)</p>	<p><b>Writing to Teach</b></p> <p>Think about your favorite thing to do during the summer and write a short paper explaining about your hobby and include 3 facts!</p> <p>Examples of topics:</p> <ul style="list-style-type: none"> <li>● Swimming</li> <li>● Fishing</li> <li>● Baking cookies</li> <li>● Riding bikes</li> <li>● Hiking</li> </ul> <p>(CCSS.ELA-LITERACY.W.1.2)</p>	<p><b>What Did You Do Today?</b></p> <p>Think of an exciting day you have had recently. Write down what you did in order and give details for each event. You should have at least 4 events that you did.</p> <p>Draw pictures that go with the events!</p>	<p>MATH</p> <p>Draw an entire picture using only shapes that have 3,4,5,6, or 8 sides (this means no circles!) Then show your creation to your family.</p> <p>If you would like, share your creation with your teacher!</p>
<b>Activity 2 and Instructions</b>	<p><b><u>Shapes Review!</u></b></p> <p>Draw and label a shape that has:</p> <ul style="list-style-type: none"> <li>● 3 sides</li> <li>● 4 sides</li> <li>● 5 sides</li> <li>● 6 sides</li> <li>● 8 sides</li> </ul> <p>(<a href="#">CCSS.MATH.CONTENT.1.G.A.1</a>)</p>	<p><b>Common and Proper Nouns!</b></p> <p>Look around the house (or around Freeport) if you are out and about for 5 common nouns and 5 proper nouns. Write these down and draw a picture of each!</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>● Common Nouns <ul style="list-style-type: none"> <li>○ Car, house, flower, dog</li> </ul> </li> <li>● Proper Nouns <ul style="list-style-type: none"> <li>○ Mrs. Powell, Freeport, McDonalds, WalMart</li> </ul> </li> </ul> <p>(CCSS.ELA-LITERACY.L.1.1.B)</p>	<p>If you can not think of any days to write about, then write about a fun day that you would like to have soon!</p> <p>(SS.H.1.1)</p>	<p>(<a href="#">CCSS.MATH.CONTENT.1.G.A.1</a>)</p>


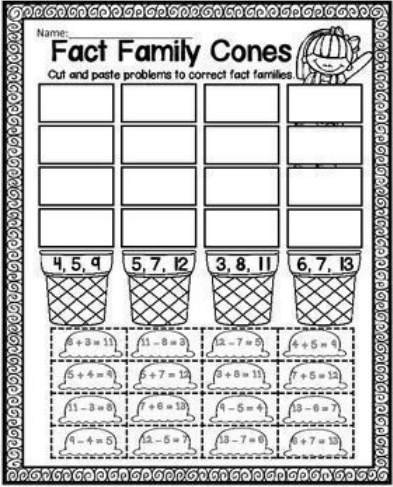
Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- May 28

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge												
<b>Activity 1 and Instructions</b>	<p><b><u>Stair March Counting</u></b></p> <p>If you have stairs, walk up and count them. Walk down and count by twos. Walk up and count by threes. Continue through tens. You can march in a line if there are no stairs near. This simple math practice trick gets kids thinking about numbers and exercising!</p> <p><b>(NBT.1.1)</b></p>	<p><b><u>Exploring a Book</u></b></p> <p>Find a book in your house that makes you think of summer. Read the book with someone and <u>retell</u> the main details and how it connects to you.</p> <p>-Find some of your trickier <u>sight words</u> in the text, spell aloud, or write in a sentence.</p> <p><b>(RL/RI.1.2 &amp; RF.1.3)</b></p>	<p><b><u>Salt Dough</u></b> <b><u>Sea Star</u></b></p> <p>2 c flour 2 c salt 1 c water</p>  <p><b>Step 1.</b> Mix the ingredients together in a bowl thoroughly mixed. Knead to soften the dough.</p> <p><b>Step 2.</b> To create a sea star shape, start with a ball of dough. Gently pull out five equal "blobs" spaced evenly around the center to become the arms. You can always add more dough or take some off if a starfish arm is too small or too big.</p> <p><b>Step 3.</b> Gently pull on each arm and shape it to look like a sea star. Push on the sides and pull the arms out, then lightly press on the top and sides to make the basic sea star shape.</p> <p><b>Step 4.</b> Now comes the fun part! You get to customize your sea star just how you like it.</p> <p><b>(1-LS3-1)</b></p>	<p><b><u>Free Choice</u></b></p> <p>-Go to previous "Learning Plans" and pick items that you did not do or want to make better!</p> <p>-Visit your Clever and select Reading &amp; Math Activities</p> <p>-Google these other ideas if needing more online components:</p> <p>*Scholastic "Learning at Home"</p> <p>*Read Alouds: <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> <p>*Math: <a href="https://sites.google.com/mathlearnincenter.org/math-at-home/grade-1">https://sites.google.com/mathlearnincenter.org/math-at-home/grade-1</a></p> <p>*Cosmic Kids Yoga *Virtual Field Trips *Artforkidshub</p>												
<b>Activity 2 and Instructions</b>	<p><b><u>Hopscotch</u></b></p> <p>*Draw your own hopscotch 1-10 using sidewalk chalk in a garage or driveway. Use a pebble before you hop to skip the number it lands on.</p> <p>*Use these numbers you land on to create your own fact families or missing number equations.</p> <p>*Challenge: Try criss-cross jumps or backwards twists.</p>  <p><b>(OA.1.4 &amp; 1.6)</b></p>	<p><b><u>Balloon Catch</u></b></p> <p>*Try keeping the balloon up in the air as you spell your trick words out loud.</p> <p>*Either toss the balloon to each other or use only your hands to tap it up above your head for the whole word.</p> <p>*Use these words or other unknown Trick Words from your lists.</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">were</td> <td style="width: 50%;">where</td> </tr> <tr> <td>should</td> <td>says</td> </tr> <tr> <td>each</td> <td>many</td> </tr> <tr> <td>another</td> <td>write</td> </tr> <tr> <td>because</td> <td>people</td> </tr> <tr> <td>friend</td> <td>called</td> </tr> </table> <p><b>(RF.1.3)</b></p>	were	where	should	says	each	many	another	write	because	people	friend	called		
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Parent Signature: \_\_\_\_\_

## Remote Learning Activities for Students

1st Grade -- May 29

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge																				
<b>Activity 1 and Instructions</b>	<p><b>Missing Number Equations -</b> Fill in the missing number. Make sure you pay attention to the operation.</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td style="padding: 2px;">1. <math>5 + 6 = \underline{\quad}</math></td> <td style="padding: 2px;">2. <math>\underline{\quad} + 7 = 10</math></td> </tr> <tr> <td style="padding: 2px;">3. <math>12 - \underline{\quad} = 8</math></td> <td style="padding: 2px;">4. <math>16 - 8 = \underline{\quad}</math></td> </tr> <tr> <td style="padding: 2px;">5. <math>\underline{\quad} + 5 = 19</math></td> <td style="padding: 2px;">6. <math>12 + 6 = \underline{\quad}</math></td> </tr> <tr> <td style="padding: 2px;">7. <math>13 - \underline{\quad} = 9</math></td> <td style="padding: 2px;">8. <math>20 - 7 = \underline{\quad}</math></td> </tr> <tr> <td style="padding: 2px;">9. <math>\underline{\quad} - 5 = 15</math></td> <td style="padding: 2px;">10. <math>19 + \underline{\quad} = 20</math></td> </tr> <tr> <td style="padding: 2px;">11. <math>14 - \underline{\quad} = 7</math></td> <td style="padding: 2px;">12. <math>\underline{\quad} + 13 = 17</math></td> </tr> <tr> <td style="padding: 2px;">13. <math>9 + 2 + 9 = \underline{\quad}</math></td> <td style="padding: 2px;">14. <math>\underline{\quad} - 7 = 10</math></td> </tr> <tr> <td style="padding: 2px;">15. <math>2 + \underline{\quad} + 5 = 18</math></td> <td style="padding: 2px;">16. <math>10 + 4 + \underline{\quad} = 19</math></td> </tr> </table> <p><b>(1.OA.8)</b></p>	1. $5 + 6 = \underline{\quad}$	2. $\underline{\quad} + 7 = 10$	3. $12 - \underline{\quad} = 8$	4. $16 - 8 = \underline{\quad}$	5. $\underline{\quad} + 5 = 19$	6. $12 + 6 = \underline{\quad}$	7. $13 - \underline{\quad} = 9$	8. $20 - 7 = \underline{\quad}$	9. $\underline{\quad} - 5 = 15$	10. $19 + \underline{\quad} = 20$	11. $14 - \underline{\quad} = 7$	12. $\underline{\quad} + 13 = 17$	13. $9 + 2 + 9 = \underline{\quad}$	14. $\underline{\quad} - 7 = 10$	15. $2 + \underline{\quad} + 5 = 18$	16. $10 + 4 + \underline{\quad} = 19$	<p style="text-align: center;"><b>Summarizing-</b></p> <p>Choose a book about your favorite sport, or one that reminds you of summer. Once you have read the book, try to summarize it! * A summary retells the main events of a story in a shorter version. * Write a summary of the book. Focus on the 5 W's - who, what, when, where, and why.</p> <p style="text-align: center;"><b>(RL.1.1/RL 1.2)</b></p>	<p><b>Make Your Own Ice Cream</b></p> <p><b>Ingredients:</b> 1gallon ziploc bag 1quart ziploc bag 1 cup milk 1 Tbsp sugar 1/2 tsp vanilla 1/3 cup salt Some ice</p> <p><b>Directions:</b> * Pour the milk, sugar and vanilla into the smaller, quart sized bag. * Fill the larger, gallon sized bag 3/4 full of ice, then add the salt to the ice. * Place the smaller bag inside the larger bag and close the seal. Make sure you close them both tightly! * Now shake the bag hard for 5 minutes. * Rinse the small bag off with cold water before opening to keep the salt water from getting into your ice cream.</p> <p style="text-align: center;">Enjoy your ice cream!!</p> <p style="text-align: center;"><b>(1-LS1-2)</b></p>	<p><b>Writing Challenge</b></p> <p>Think of 6 words related to summer.</p> <p>Use your six words to write 6 or more sentences. Now, use your sentences to create a story about summer! Make sure you include characters, setting, problem and a solution.</p>				
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<b>Activity 2 and Instructions</b>	<p><b>Subtraction Fact Fluency -</b> Remember, 1st graders need to be able to fluently add and subtract within 10. See if you can correctly solve all of these problems in one minute or less! <b>(1.OA.6)</b></p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td style="padding: 2px;"><math>4 - 3 = \square</math></td> <td style="padding: 2px;"><math>8 - 4 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>8 - 2 = \square</math></td> <td style="padding: 2px;"><math>8 - 5 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>9 - 1 = \square</math></td> <td style="padding: 2px;"><math>4 - 2 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>8 - 1 = \square</math></td> <td style="padding: 2px;"><math>9 - 4 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>10 - 10 = \square</math></td> <td style="padding: 2px;"><math>7 - 2 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>5 - 1 = \square</math></td> <td style="padding: 2px;"><math>10 - 7 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>9 - 7 = \square</math></td> <td style="padding: 2px;"><math>9 - 5 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>5 - 3 = \square</math></td> <td style="padding: 2px;"><math>10 - 6 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>2 - 1 = \square</math></td> <td style="padding: 2px;"><math>6 - 2 = \square</math></td> </tr> <tr> <td style="padding: 2px;"><math>6 - 3 = \square</math></td> <td style="padding: 2px;"><math>7 - 5 = \square</math></td> </tr> </table>	$4 - 3 = \square$	$8 - 4 = \square$	$8 - 2 = \square$	$8 - 5 = \square$	$9 - 1 = \square$	$4 - 2 = \square$	$8 - 1 = \square$	$9 - 4 = \square$	$10 - 10 = \square$	$7 - 2 = \square$	$5 - 1 = \square$	$10 - 7 = \square$	$9 - 7 = \square$	$9 - 5 = \square$	$5 - 3 = \square$	$10 - 6 = \square$	$2 - 1 = \square$	$6 - 2 = \square$	$6 - 3 = \square$	$7 - 5 = \square$	<p style="text-align: center;"><b>Sight Word Scramble -</b></p> <p>Use the word bank to unscramble the following words. Write them on a separate sheet of paper:</p> <p><b>Word Bank:</b> their people thrill smile write should plane dislike friend word splash expect first inches quake</p> <p><b>Scrambled Words:</b> hslpas elopep lhlitr ndrife enhisc nrael kisedi rheti quqea simel twire rodw ttifsr pxtece hudslo</p> <p style="text-align: center;"><b>(RF1.3)</b></p>		
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Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- June 1

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge																																																																																
<p><b>Activity 1 and Instructions</b></p>	<p style="text-align: center;"><b><u>Fact Family Fun</u></b></p> <p style="text-align: center;">Write four different facts.</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>9</p> <p>2      7</p> <table border="1" style="margin: 0 auto;"> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> </table> </div> <div style="text-align: center;"> <p>7</p> <p>3      4</p> <table border="1" style="margin: 0 auto;"> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> </table> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> <p>8</p> <p>6      2</p> <table border="1" style="margin: 0 auto;"> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> </table> </div> <div style="text-align: center;"> <p>6</p> <p>5      1</p> <table border="1" style="margin: 0 auto;"> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>+</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> <tr><td>□</td><td>-</td><td>□</td><td>=</td><td>□</td></tr> </table> </div> </div>	□	+	□	=	□	□	+	□	=	□	□	-	□	=	□	□	-	□	=	□	□	+	□	=	□	□	+	□	=	□	□	-	□	=	□	□	-	□	=	□	□	+	□	=	□	□	+	□	=	□	□	-	□	=	□	□	-	□	=	□	□	+	□	=	□	□	+	□	=	□	□	-	□	=	□	□	-	□	=	□	<p style="text-align: center;"><b><u>Sight Word Practice</u></b></p> <p>1. Have your child read the following 15 words: They, number, come, over, some, should, where, have, why, where, when, who, very, also, there</p> <p>2. Color Vowels: After writing your words go back over the vowels in a different color</p>	<p style="text-align: center;"><b>Growing &amp; Shrinking Eggs!</b></p> <p><b>Directions:</b></p> <ol style="list-style-type: none"> <li>1. Fill multiple glasses with vinegar.</li> <li>2. Allow eggs to soak in vinegar for 24 hours. You will be left with the membrane, but no shell.</li> <li>3. Fill one glass with Karo corn syrup.</li> <li>4. Fill another glass with water</li> <li>5. Place one "naked" egg inside each glass. Allow the eggs to soak for 24 hours.</li> <li>6. Pull the eggs out of the glasses and observe what has happened. Notice how much larger the egg in the water is than the egg in the sugar solution.</li> </ol>	<p style="text-align: center;"><b>Simon Says!</b></p> <p>1 player takes the role of "Simon" and issues instructions such as (jump 10 times), (count to 20), (touch your head) ect...to the other players. The phrase "Simon says!" must be issued before the command. <b>Example:</b> Simon says jump in the air 5 times. Players are eliminated from the game if they do not follow directions or the phrase "Simon Says" was not said before the command.</p> <p>Once all players are eliminated another player takes the role of Simon.</p>
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<p><b>Activity 2 and Instructions</b></p>	<p style="text-align: center;"><b>Firefly Addition</b></p> <p style="text-align: center; font-size: small;">Directions: Fill in the missing number. Color the pictures.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;"> <math>\square + 3 = 10</math> </td> <td style="width: 50%; text-align: center;"> <math>\square + 1 = 2</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 2 = 6</math> </td> <td style="text-align: center;"> <math>\square + 2 = 7</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 5 = 8</math> </td> <td style="text-align: center;"> <math>\square + 4 = 5</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 4 = 5</math> </td> <td style="text-align: center;"> <math>\square + 3 = 9</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 2 = 7</math> </td> <td style="text-align: center;"> <math>\square + 2 = 4</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 3 = 4</math> </td> <td style="text-align: center;"> <math>\square + 4 = 8</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 4 = 9</math> </td> <td style="text-align: center;"> <math>\square + 5 = 6</math> </td> </tr> <tr> <td style="text-align: center;"> <math>\square + 1 = 3</math> </td> <td style="text-align: center;"> <math>\square + 2 = 10</math> </td> </tr> </table>	$\square + 3 = 10$	$\square + 1 = 2$	$\square + 2 = 6$	$\square + 2 = 7$	$\square + 5 = 8$	$\square + 4 = 5$	$\square + 4 = 5$	$\square + 3 = 9$	$\square + 2 = 7$	$\square + 2 = 4$	$\square + 3 = 4$	$\square + 4 = 8$	$\square + 4 = 9$	$\square + 5 = 6$	$\square + 1 = 3$	$\square + 2 = 10$	<p style="text-align: center;"><b>Writing Exercise</b></p> <ol style="list-style-type: none"> <li>1. write each word 3 times each.</li> <li>2. Create your own sentence using 10 words from above and write them in a complete sentence.</li> </ol>		 <p><b>Simon says song:</b> <a href="https://www.youtube.com/watch?v=OkO8DaPlyXo">https://www.youtube.com/watch?v=OkO8DaPlyXo</a></p>																																																																
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Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.



Parent Signature: \_\_\_\_\_



# Remote Learning Activities for Students

1st Grade -- (SEL)

The columns below offer choices for student activities for any day.


Social Emotional Learning Choice Board aligns with standards 2A.1a Recognizes others may have different feelings about situations. 2A.1b Listens to others to identify their feelings.		
<p><b>Labeling Feelings</b></p> <p>Ask children to describe and label how they might feel in these three different bullying situations:</p> <ul style="list-style-type: none"> <li>-If they saw someone being bullied</li> <li>-If they were being bullied themselves</li> <li>-If they bullied someone</li> </ul> <p>Explain that bullying can lead to strong feelings, such as anger, frustration, and fear. While it's okay to feel these feelings, it's never okay to react by doing violent things, such as intentionally hurting someone.</p>	<p><b>Different and Similar</b></p> <p>Discuss the main ways that children are different from one another. Prompt them with examples, if needed.</p> <ul style="list-style-type: none"> <li>-Some children are big, and others are small.</li> <li>-Some children run fast, and others run slowly.</li> <li>-Some children like to play with blocks, and others like to draw pictures</li> </ul> <p>Ask, "What would the world, school, neighborhood/etc. be like if we were all the same"</p>	<p><b>Helping Others Feel Better</b></p> <p>First, use these questions to discuss with your child what children can do to help others feel better:</p> <ol style="list-style-type: none"> <li>1. How can you know how someone else feels?</li> <li>2. How can we recognize when another child is feeling bad or left out?</li> <li>3. How can we cheer up children who feel bad and help them feel better?</li> </ol> <p>Next, use role-playing to help children practice recognizing a child who is feeling hurt and helping the child feel better.</p>
<p><b>Acts of Kindness</b></p> <p>Discuss how an act of kindness is the opposite of bullying because it helps another person feel <i>good</i> instead of <i>bad</i>—it <i>gives</i> a person a good feeling rather than <i>takes away</i> a good feeling.</p> <p>At the end of the day, have children report on their acts of kindness.</p> <p>Ask children to describe one nice thing they did for someone else, how it made the other person feel, and how it made them feel. Have each child plan one act of kindness that he or she will do that day for someone.</p>	<p><b>Modeling Helpfulness</b></p> <p>Discuss the ways that bullying behavior leads both the child who bullies and the child who is bullied to disrespect each other and feel like enemies, rather than friends. Then use pictures, stories, puppets, or other concrete props to model examples of the many ways that children and adults can show that they care about others feelings and can help each other. Discuss how caring behaviors make both the giver and the receiver feel happy and good.</p> <div style="border: 2px dashed black; padding: 5px;"> <p><b>Definition of Bullying:</b> Bullying is mean or hurtful behavior that keeps happening. It is unfair and one-sided. Our school defines bullying by three primary characteristics: It is aggressive behavior that is usually repeated over time, occurs in a relationship where there is an imbalance of power, and intends to cause harm or distress and/or has a serious harmful or distressing impact on the target.</p> </div>	<p><b>Role-Play with Empathy</b></p> <div style="border: 2px dashed black; padding: 5px;"> <p><b>Empathy is the ability to understand and share the feelings of another.</b></p> </div> <p>Pretend you are in the following scenarios with your child. How can you encourage empathy with the following:</p> <ul style="list-style-type: none"> <li>• ... a friend did not want to play</li> <li>• ...his puppy needs surgery</li> <li>• ...all friends going to the movie but you</li> <li>• ...someone drew a better picture</li> <li>• ...someone told a secret of yours</li> <li>• ...he cleaned his room</li> <li>• ...kids laugh at her at the park</li> </ul> <p>Write or draw some outcomes.</p>
<p><b>Kind Words</b></p> <p><b>Materials:</b> cotton balls or something with a soft texture and sandpaper or something with a rough texture</p> <p>How can the way we speak to someone help them? How can it hurt?</p> <p><b>First</b> focus on the cotton balls. Rub them on your hands and arms and use descriptive words to describe how they feel. If cotton balls were like words what words would they be? Example: Please, thank you, good job, your hair looks nice.</p> <p><b>Now</b> focus on the sandpaper and use descriptive words to describe how it feels. If words were like sandpaper what words would it be? Example: Calling names, yelling, saying things that are hurtful. Next have an adult help you scrape the sandpaper on some wood or plastic. Look at the mark it left and discuss how "sandpaper words" hurt feelings.</p> <p><b>Finally</b> discuss the importance of using "cotton ball words" instead of "sandpaper words" to solve problems.</p>	<p><b>Walk a Minute (Mile) in Someone's Shoes!</b></p>  <p>Pick a person in your family. Spend some time doing the things they do; Ideas: chores, jobs, responsibilities, etc...</p> <p>At the end of the day (or time) sit down and talk about what it was like.</p> <p>Was it easy? Hard? What would you change? How did it make you feel? How can you better understand that person now?</p>	<p><b>Paper Chain of Kindness</b></p> <p>Brainstorm different things you can do that would be kind. Cut strips of paper. Write each act of kindness on a strip of paper and then link your strips of paper together with glue to create a chain. Everyday take one link out of your chain and complete that act of kindness. Reflect on how that act of kindness made you feel and how the person you did the kind act for felt as well.</p>  <p>If you do not have supplies create a unique drawing linking words of Kindness in a fun way!</p>

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- (Electives)

The columns below offer choices for student activities for any day.

Art	Music	PE/Health
<p>Create a sculpture using paper towel rolls, toilet paper rolls, cereal boxes, cardboard boxes, and/or other cardstock or cardboard material. Challenge: See how tall you can make it while making it not fall over.</p> <p>Va:Cr1.2.1a/Va:Cr2.1.1a/Va:Cr2.2.1a</p> 	<p>MU:Cr1.1.1 Listen to a song and keep the steady beat using your "spider hands."</p>	<p>Gymnastics Time! (state goal 19)</p> <p>Can you safely remember how to do any stunts or balance activities from our gymnastics unit? Here are a few activities to help you get started.</p> <ul style="list-style-type: none"> <li>- forward/backward rolls</li> <li>- one leg balance</li> <li>- partner balancing</li> <li>- cartwheels (advanced)</li> <li>- continuous rolls</li> </ul> <p>To be safe, have an adult around when practicing any gymnastic activities. Feel free to have an adult check online for more gymnastic ideas!</p>
<p>Create a paper airplane and see how far you can make it fly. Challenge: Try different designs to see which will go the farthest.</p> <p>Va:Cr1.2.1a Va:Cr2.1.1a Va:Cr2.2.1a</p>	<p>MU:Cr3.1.1 Put different levels of water in several different glasses. Arrange them in a row. Lightly tap them with a fork to hear how their pitch sounds different depending on the water level.</p>	<p>Jump Rope Challenge! For each Challenge you will need to set a 1 minute timer and jump or hop as many times as possible in the minute.</p> <p>Challenges: 2 foot hop, 1 foot hop, 2 foot hop over a folded towel, 1 foot hop over a folded towel, Jump Rope with 2 feet, Jump Rope with 1 foot</p> <p>Variations/Challenges: try hopping forward and backward as well as side to side. Try both the right foot and left foot for the single foot challenges. Record your score for each variation to see which one had the most hops, which one had the least amount of hops. Can you beat any of your scores? (State Goal 19)</p>
<p>Draw a picture of what you would like to do when this is all over and we aren't social distancing.</p> <p>Va:Cr1.2.1a Va:Cr2.1.1a Va:Cr2.2.1a</p>	<p>MU:Cr3.1.1 Design and draw a new instrument. If you can, create a model of it out of things found around the house (cardboard tubes, boxes, rubber bands, etc.)</p> <p>*If you have electronic access, you'll enjoy experimenting on this link: <a href="https://musiclab.chromexperiments.com/">https://musiclab.chromexperiments.com/</a></p>	<p>Activity: Jumping and Landing (19.A.1a)</p> <p>Jumping is an excellent form of physical activity and exercise. There are three types of "Jumps" to try out. Try to do each of the three types of jumping locomotor movements. Challenge yourself by jumping over a safe object such as a pillow.</p> <p>Hop - Put both feet together and hop up and down like a bunny Jump - Feet shoulder width apart, bend knees, swing arms back and jump forward Leap - Jump off one foot and land on the opposite foot.</p>

Parent Signature: \_\_\_\_\_